GOOD NEWS FOR HOMEMAKERS

by Shirley W. Walton
Extension Agent

SALMONELLOSIS

It is estimated that each year over 2 million people in the United States--or one person out of 100--suffer from salmonellosis.

Though often mistaken for a 24-hour virus because of similar symptons-headache, fever, stomach cramps, diarrhea, and vomiting--salmonellosis is an infection of the stomach and intestines that is caused by salmonella bacteria which are sometimes present in such foods as fresh poultry, meat, and fish.

According to the U. S. Department of Agriculture (USDA) and the U. S. Department of Health, Education, and Welfare--two federal departments that deal with the salmonella problem--salmonellosis can also be transmitted from pets, such as turtles, to humans. In other words, your children can catch salmonellosis by playing with someone's pet turtle.

The disease generally lasts from 1 to 5 days. Although it is rarely fatal, it can be dangerous to the very young, the very old, and people already weakened by illness.

To curb the possible spread of salmonella bacteria at home, USDA recommends the following precautions:

Assume that uncooked poultry, meat, and seafood may contail salmonella bacteria. Since thorough cooking kills these bacteria, USDA recommends cooking foods in the home to 155°F. Obviously, avoid eating raw fish, meat, poultry or eggs.

Although cooking kills salmonella germs, using the same platters and utensils before and after cooking can recontaminate the food with salmonella.

To safeguard against cross contamination, wash hands, kitchen counter space, utensils, dishes, and cutting boards after contact with raw meat. Concerning cutting boards, it is recommended that one board be used only for preparing meats and another be used for cutting vegetables, cheese, and other foods.

When thawing meat in the refrigerator, keep it away from all other food and preferably, in the meat keeper. Blood from raw poultry and meat can be contaminated with salmonella and can, in turn, contaminate any foods with which it comes in contact.

After cooking, do not allow meat or poultry to stand a long time at room temperature. Bacteria grow well under these conditions, and can recontaminate the food.

Be on guard for the symptons of salmonella infection in pets. If a pet is having stomach problems, keep its feeding dishes, toys, bedding, and similar items away from sources in contact with the family's food, such as the kitchen sink, drainboard, and food service utensils. Always wash your hands after handling a sick pet.

RECIPE OF THE WEEK
CUCUMBER PICKLE

Soak 3 dozen cucumbers in brine for 2 weeks. Soak over night in clear water. Cut in desired pieces and cover with water to which 1½ tablespoons alum has been added; let stand 24 hours. To 3 quarts water add 1 quart vinegar, let come to a boil, drop in cucumbers and keep on low heat until hot through. Let stand overnight. Drain well and pack closely in jars.

Syrup:
1 pint vinegar
3 lbs. sugar
1 box mixed pickling spice
Let come to a boil, pour over cucumbers. Seal at once.

Because hearing loss victims usually experience no pain with their loss in hearing ability, it is not unusal for a hearing handicapped individual to remain unaware of his hearing problem until the hearing loss becomes so serious it impedes his normal communication with loved ones at home and associates at work.

Hollywood

Rev. W. H. Elder will preach at the regular 11 o'clock preaching hour Sunday July 14th. Rev. Elder will act as interim pastor for Hollywood and Central churches until the field gets a new pastor and will be preaching twice a month at each church.

The Acteens of Hollywood visited Mrs. Ruby Jamerson Nursing Home at Pamplin Sunday.

Mr. and Mrs. Robert Prosise and Dwane of Arlington are visiting Mr. and Mrs. Raymond Franklin and family.

We were sorry to hear of the accidental death last week of Mrs. Clifford Chandler of Smithfield, Virginia. Much sympathy is extended her loved ones.

Mr. and Mrs. Garland W. Banton and sons, Phillip and John of Ashland, Kentucky are visiting Mr. Bantons mother, Mrs. C. R. Banton.

Mr. and Mrs. Ryland Mayberry of Newport News spent the weekend with Mr. and Mrs. Kenneth Deaner and family of Vera and Mr. and Mrs. Roy St. John of Charlotte

Mr. and Mrs. Ryland Mayberry of Newport News spent the week end with Mr. and Mrs. Kenneth Deaner and family of Vera and Mr. and Mrs. Roy St. John of Charlotte Court House.

We are so glad to hear Mr. Garry Goin and Miss Louise Parrish are improving.

Mrs. Edith Luck of Beckley, West Va. and Mrs. Estelle Marshall of Amelia visited Mr. and Mrs. J. L. Torrence recently. They are neices of Mr. and Mrs. Torrence.

Byron Smith of Chapel Hill, North Carolina is visiting his grandparents Rev. and Mrs. Otis Smith.

Mr. Howard and Elmo Smith visited Mrs. C. R. Banton last week.

Mr. and Mrs. Bennett Gilliam of Farmville are spending a few days with Mrs. W. T. Covington.

Mr. and Mrs. L. L. Webb, Miss Joyce Webb and Miss Odell Webb visited Mrs .Mamie Hancock and Mr. and Mrs. Alfred Jamerson of Pamplin Sunday afternoon.

Miss Delourious and Dawn Deaner spent a few days in Richmond visiting friends.

Mrs. W. H. Wingfield and Mrs. Mary Bagby visited Mr. and Mrs. Arney Pickeral, Mrs. Francis Woodall and family, Mrs. Addie Jenkins and Mrs. Ber Abbitt of Lynchburg, Monday.

Susan Woodall spent Monday night and Tuesday with Mr. and Mrs. W. H. Wingfield and family.

Miss Shelia Torrence spent last week at Virginia Beach with her girl friend and family.

Mr. and Mrs. Jack Reed of Lynchburg visited Mr. and Mrs. W. H. Wingfield and family Sunday night.

Mr. and Mrs. J. L. Torrence and Mrs. James Conner visited Mr. Torrence nieces the Woodson girls of Amherst Sunday afternoon.

Mrs. Eugene Deaner and daughter of York, Penn. visited Mr. and Mrs. Kenneth Deaner and family Tuesday night.

Mr. J. H. Webb spent the 4th with his brother, Mrs. L. L. Webb and family.

We were very sorry to hear of the death last week of Mr. Leroy Marks of Lynchburg. Our sympathy are with his love ones.

Mr. and Mrs. Rufus Wingfield of Roanoke spent a few days last week in the W. H. Wingfield house.

Mrs. Roy Stokes and daughter of Brookneal were dinner guest Wednesday of the Kenneth Deaner.

Mrs. Thomas Woodall and Lisa and Mrs. Mary Bagby called in the home of Mr. and Mrs. John Goin and family Saturday afternoon.

PAMPLIN

Mr. and Mrs. Jim Inge, Mr. and Mrs. Ralph Inge an daughters, Jennifer and Sally returned home last Friday after a weeks vacation in Florida.

Mr. and Mrs. Russell Neeley of Danville spent last week end with his parents, Mr. and Mrs. Edward Blackburn.

Mr. and Mrs. Harold Soutern of Norfolk visited relatives last week end.

Miss Pamela Williams returned home last week after a visit with her sister and brother-in-law, Mr. and Mrs. David Savitz, Salem, Virginia.

Mrs. James Smith of Axton, returned home this week after a visit with her sister, Mrs. C. H. McCall.

Mr. Randy Williams spent last week end in Fort Launderdale, Florida visiting friends.

Miss Darlene Smith returned home last week after undergoing treatment at Virginia Baptist Hospital.

Architectural Barriers Advisory Committee To Hold 1st Meeting

The newly-created Advisory Committee on Architectural Barriers, appointed by the State Office of Housing, will hold its first meeting at 10 a.m. on July 10, in House room 4 of the State Capitol.

The committee members, all of whom are handicapped themselves, will attempt to identify specific barriers with which they are confronted. This information will become part of a study being conducted by the Office of Housing as a result of legislation enacted in the 1974 General Assembly.

Those named to serve on the new committee are John W. Wright of Roanoke; Fred Yates of Staunton; Dr. Thomas Hunter of Cismont; Harry Gravely of Martinsville; Robert Adam of Woodbridge; Joseph Jordan of Norfolk; Mrs. Peggy Bendrick, John Goode, and Frank Penland, all of Richmond; William Carriker of Charlottesville; and Ms. Margaret Keister of Virginia Beach.

CLASSIFIED ADS PAY OFF!

photo by Shearer R...

The 1934 graduating class of Appomattox High School held its 40th class reunion at the Parkway Restaurant on Saturday evening, June 29th.

Members of the Class of 1934 attending, shown above, were: seated, left to right, Virginia Christian Koos, Jean Anderson Smith, Erna Dickerson, Elizabeth Drinkard Robertson, Cleo Reynolds Coleman, Evelyn Stewart Almond, and Lloyd Martin S... and standing, left to right, Charlie N. S... Meredith E. Evans, Helen Welch Har... teacher, Eleanor Carson Conner, Fr... Torrence Conner, Elva Hamilton Ha... Kate O'Brien, teacher, Thomas M. Ric... son, Pearl Burnett Mitchell, and Chris... Roberts Whitehead.

Class of 1934 Holds Reunion

The 1934 Graduating Class of Appomattox High School held its 40th Class Reunion at the Parkway Restaurant on June 29, 1974.

During the fellowship hour, much reminiscing of school days was enjoyed.

Special guests included two of the former teachers, Miss Kate O'Brien of Farmville, and Mrs. Helen Welch Harvey of Appomattox. Each was presented a corsage of rose buds.

Thomas M. Richardson presided over the meeting with Mrs. Helen Welch Harvey giving the Invocation. The class song, "Victory", was sung.

Mrs. Pearl Burnett Mitchell, Secretary of the Class, read the minutes of the last reunion and called the roll with member present giv... resume of his or her lif... graduation.

Out of the class of ... four, fifteen members an... ed the roll call.

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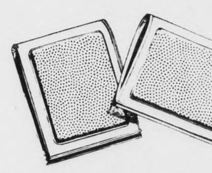

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Allen E. Franklin
Rt. 2 Appomattox, Va.
7/4/2T

...can I say about gnats? ...we have one of the ...infestations in many ...There's nothing to be ...ended that gives affec- ...trol. I suppose we need ...gnize that gnats breed ...ying matter and freshly ...ed soil. Both of these ...dily available at this ...year. It's probable that ...breed on lush lawns ...clippings are not remov-

* * *

...is becoming one of our ...weed problems. The ...tisfactory control is ... Check label directions ...applying.

* * *

...is the time of year that ...ceive many inquiries ...thistle and spotted ...ed control. These are ...ls that are relatively ...control where herbi- ...e used at the proper

...spray now would be too ...and you'd expect only ...trol.

...e fall or early spring 1% ...2,4-D per acre will do

...o much in agriculture, ...s is extremely import-

* * *

...mold, or mildew in the ...t can be reduced by ...ehumifer this summer. ...humidity less than ...ually insures freedom ...oisture - caused prob- ...Access to permanent ...and humidistat are ...d for automatic opera-

* * *

...e had several calls in ...weeks about tomato ...that suddenly wilt. Some ...were caused by the ...stalk bores. A grayish ...moth lays as many as ...ggs in late July and ...on grass and weeds. ...ggs overwinter and the ...g May they hatch and ...rrow into the stem of ...Although ragweed is ...rite host, it will attack ...eppers, tomatoes, and ...s. ...e is no effective control ...than early sprays that ...tch him before he enters the stem.

* * *

Every year we have calls about bird damage in standing corn. This is damage to the ear after it has fairly well matured.

The control is avitrol treated corn at the rate of ½ to 1 pound per acre. The cost is 70c per pound. Its use is regulated or supervised by the Virginia Department of Agriculture, therefore it is available only from three sources. Informations on these sources is available from this office.

* * *

An Ohio Holstein cow has set an all-time high U.S. production record. In 365 days on twice a day milking she produced 45,270 pounds of milk and 2191 pounds of butterfat.

On her highest single day she proudcing 155.7 pounds of milk, a total equal to 18.1 gallons. For the total lactation this cow produced the equivalent of 5,265 gallons of milk - enough to last an average family 57 years.

* * *

There an important meeting of members of Virginia Dark-Fired Cured Tobacco Marketing Co-op tonight, Thursday, July 11. This is the year for electing a director for a three-year term.

* * *

Much ot the tobacco crop is beginning to come into flower. This suggests the need for an effective sucker control program.

Research in Virginia and North Carolina indicates that two treatments, the first being a contact material, the second a systemic, product offer the most effective means of control.

One of the contacts used in recent years, Off Shoot-T, has been changed this year and carries no direction for use on Fire Cured Tobacco. If you plan to use this material it should be at the rate of 6-8 ounces per gallon of water and 2 to 2½ gallon per acre.

PRECIPITATION

Last Week	1.10
This Month	1.10
This Year	22.37

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TIMES—VIRGINIAN
APPOMATTOX, VA.

Appomattox State 4-H Congress Delegation

Front row: From left to right - Pam Moore, Donna Paulette, Mary Parris. Second Row: Billie Brightwell, Paula Franklin, Vicki Glover, Cindy Guill. Third Row: David Jones, Al Johnson, Steve Cawthorn, and Rob ert Dyess.

Of the eight delegates that were able to compete in various categories, eight placed on the state level. The placings are as follows: Mary Parris - Auto Care and Safety - Blue Ribbon and a trip to the Auto Skill; Driving Contest in Raleigh, N.C.; Cindy Guill - Public Speaking - White Ribbon; Pam Moore, Dog Care and Training - Second place and Blue Ribbon; Steve Cawthorn - Agri-Business - Trip to National A.I.C. at Kansas State University; Al Johnson - Share-the-Fun - Blue Ribbon and a Radio; Donna Paulette - Home Management - First place and a Radio; Robert Dyess - Vet Science - Blue Ribbon; Paula Franklin - Dress Revue - Blue Ribbon.

Vicki and David contributed a great deal to the Leadership Conferences which they attended during the week while Billie Star assisted the staff with various aspects involved in running a successful Congress.

Tapped as All-Stars from Appomattox during the Annual All-Star Tapping Ceremony were Mary Parris and Donna Paulette. 4-H All-Stars are a select group of 4-H'ers with outstanding leadership attributes and achievement records. We salute the entire Appomattox Delegation. We are extremely proud of all of you.

Evergreen

Mr. Owen Henderson and Donna and Angela Mann and Rebecca Morris spent the week end at Nags Head, N. C.

Mrs. A. L. Bartlett has returned home from Barnwell, S. C. after spending a week with friends.

Mrs. Sue Calhoun of Baltimore, Md. is visiting her neice, Mrs. Ryland Staples.

Mrs. Reba Bruce was luncheon guest of Mrs. Mott Harvey last Monday.

Mrs. Peggy White and Martha visited her mother last week, Mrs. J. C. Staples and Mr. Glover.

Mr. and Mrs. Cecil Wooldrige and family visited Mr. and Mrs. Fred Wooldridge and Peggy over the week end.

Mr. and Mrs. Wayne Wirt, visited Mrs. J. C. Staples and Mr. Glover, Sunday.

Mr. and Mrs. Enid Clapp of Richmond visited his mother, Mrs. Ruth Clapp last week.

Mr. and Mrs. Wayne Richardson and children, Mrs. Wylie Richardson and Mrs. Harder, all of Lynchburg visited Mrs. Mott Harvey last week.

Mr. and Mrs. Melvin Grishaw, Martha Ann and Carolyn visited Mr. and Mrs. Jesse Harding in Roanoke last week.

Mr. and Mrs. Richard Woodson and Shelia and Mr. and Mrs. Jimmy Dowdy and family spent last week at Nags Head, N. C.

Mr. and Mrs. C. C. Atkinson of Richmond visited Mrs. H. B. Cralle last Thursday.

Mrs. Robert Sigmon of Madison Heights spent last week with her mother, Mrs. Tempie Henderson.

Mrs. Reba Bruce has returned from Virginia Baptist Hospital, much improved.

Capt. and Mrs. Paul Bishop of Petersburg spent the week end with her mother Mrs. Curtis Paulette.

Mrs. Julia Raham, left last Wednesday to visit her parents, Mr. and Mrs. H. V. Ehrhart in Indianapolis, Ind.

Mr. and Mrs. Raymond Carrico and family have returned home having spent a week at Daytona Beach, Fla.

Mrs. J. T. Gibson and son, Bill from Washington spent the week end with her mother, Mrs. Annie Warriner.

Mrs. Wilmot Inge has returned to her home in Morton, Pa. after spending some time with Mrs. John Young and Mr. and Mrs. Randall Wooldridge.

Mr. and Mrs. Hugh Clapp of Bluefield, Virginia visited with his mother, Mrs. Ruth Clapp over the week end.

Miss Angela White visited her grandmother Mrs. Mabel White of Rustburg last week.

Mrs. Elon Johnson is slowly improving at Medical Care Center.

Research Education Service — American Cancer Society

Special Anniversary At Galilee Baptist

The new organized Senior Choir of Galilee Baptist Church will present its first anniversary on Sunday, July 21, 1974. All local choirs have been invited and special guests will include, The Famous Golden Trumpeteers, Miss Garrie Wayne, Miss Bronze of 1972, and many others. The public is cordially invited.

Hebron Church Plans 125th Anniversary

Hebron Baptist Church plans to hold its 125th anniversary on Sunday, August 4, 1974.

The guest speaker will be the Rev. Collie Rock, a former pastor of the church.

Among the guests scheduled for the afternoon program will be the Rocks Quartet and Mrs. Betty Rhodenizer.

All present and former members are invited to attend.

FOR OUR CHILDREN'S SAKE Drive Carefully

School Names Mrs. Gibson Associate Teacher

The international Yamaha Music School organization is pleased to announce that Mrs. Karen Gibson has been named an Associate Teacher. Mrs. Gibson will conduct classes in the Appomattox area for children ages four to eight.

The Yamaha Music School Course offers a researched and tested curriculum for the teaching of music fundamentals to children in the early years. About 25 years ago, the Yamaha Foundation of Tokyo called upon some of the world's leading pediatricians, musicians, educators and psychologists to research and develop a broadly based new concept for the teaching of music. What these specialists found was that children develop their fundamental responses to music much earlier than was supposed. The optimum time for building a lifetime foundation of musical understanding and enjoyment is between the ages of 4 and 8! And so the Yamaha Music Schools were established with a curriculum designed to teach the basic principles of rhythm, melody, harmony, ear-training and other skills through enjoyable group participation. The system allows the child to discover, from his own experiences, how music is made.

The Yamaha class is an adventure for the parents as well. In the fun-filled atmosphere of a Yamaha class, the mother or father who attends with the child is able to share the teacher's joy in the development which is taking place. More information on the Yamaha class may be obtained by calling 248-6543.

Clover Hill

Mr. and Mrs. Reid Berkley and son of lynchburg, Va. were visiting in the home of Mr. and Mrs. Floyd Berkley last week.

There will be a baby contest at the Gravel Hill Baptist Church this coming Sunday at three o'clock. We are asking each and every one to come and help us make this program a success.

Miss Rosetta Berkley of Richmond visited her sister in Lawrenceville last week end.

We are sorry to know that Mrs. Tehel Spradley of Detroit, Michigan has been on the sick list but she is getting along nicely at this writing. Mrs. Spradley is the sister in law of Mrs. Millie Berkley.

Mrs. Louis Gordon is visiting in the neighborhood.

Miss Sally and Shelby Robinson visited in the home of Miss Carolyn Berkley over the week end.

On the third Sunday in July, revival will start at the Gravel Hill Baptist Church in Pamplin. Dinner will be served by the ladies of the church. The morning speaker will be the pastor, Rev. J. S. Miller. The afternoon speaker will be Rev. Lee who will carry out the revival through the week. Every one come.

Protect our forests' beauty from fire!

To ensure that an undetected hearing loss is not allowed to go unnoticed, everyone should have a hearing test at least once a year. At least one out of every 15 American suffers from a significant hearing loss problem, they add.

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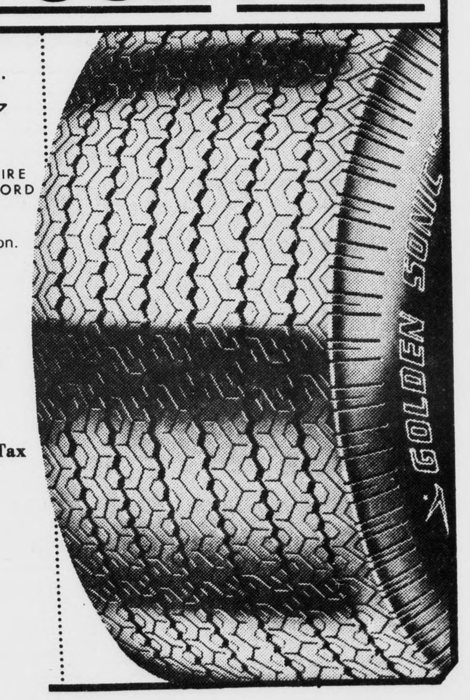
F78-14	26.72	2.41
G78-14	28.07	2.55
H78-14	28.66	2.77
J78-14	29.06	2.95
F78-15	26.16	2.42
G78-15	27.99	2.62
H78-15	29.33	2.82
J78-15	29.96	2.99
L78-15	30.79	3.19



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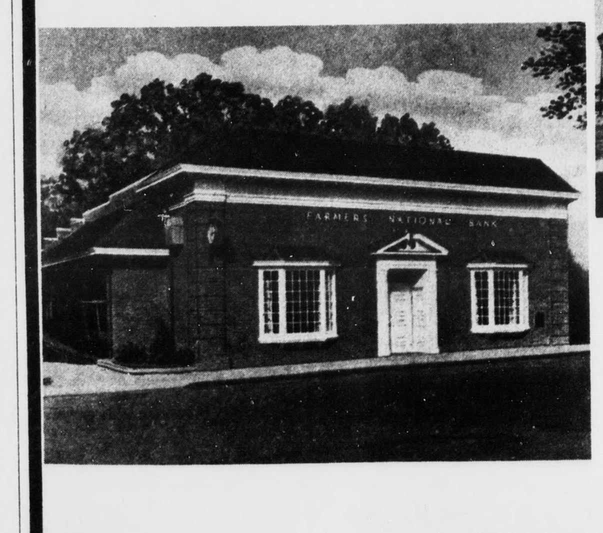

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